

مُسل بنَّبدِ الْرَحْمِنْ الْرَحْمِ

IN THE NAME OF ALLAH



# **English for Schools**

پایهٔ یازدهم دوره دوم متوسطه

Workbook

# By A.Safara

از همکاران محترم تقاضا می شود در صورت هرگونه اشکال موارد را به آیدی زیر اطلاع دهید: Masmemanaabii با تشکر



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# وزارت آموزش و پرورش سازمان پژوهش و برنامهریزی آموزشی

کتاب کار انگلیسی پایهٔ یازدهم دورهٔ دوم متوسطه ـ ۱۱۱۲۳۱	نام کتاب:
سازمان پژوهش و برنامهریزی آموزشی	پدیدآورنده:
دفتر تألیف کتابهای درسی عمومی و متوسطه نظری	مدیریت برنامهریزی درسی و تألیف:
سیّد بهنام علوی مقدّم، رضا خیرآبادی، مهرک رحیمی، حسین داوری (اعضای گروه تألیف) ـ	شناسه افزوده برنامهریزی و تألیف:
علیرضا کاهه (ویراستارادبی) اداره کلّ نظارت بر نشر و توزیع مواد آموزشی لیدا نیک روش (مدیر امور فنی و چاپ) ـ جواد صفری (مدیر هنری) ـ علی بخشی (نگاشتارگر [طراح گرافیک]، طراح جلد و صفحهآرا) ـ علیرضا کاهه، احمدرضا امینی (امور آمادهسازی) تهران: خیابان ایرانشهر شمالی، ساختمان شمارهٔ ۴ آموزش و پرورش (شهید موسوی)	مدیریت آمادهسازی هنری: شناسه افزوده آمادهسازی: نشانه مانداده
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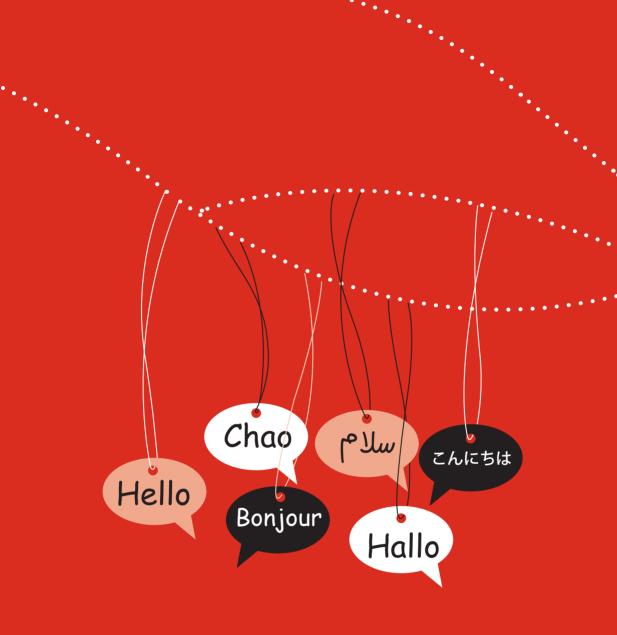
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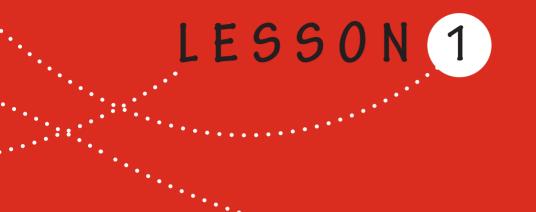
پیشتر به زبان (خارجی) احتیاج نبود. امروز احتیاج است. باید زبان های زندهٔ دنیا جزء برنامهٔ تبلیغات مدارس باشد.... امروز مثل دیروز نیست که صدای ما از ایران بیرون نمی رفت. امروز ما می توانیم در ایران باشیم و در همه جای دنیا با زبان دیگری تبلیغ کنیم. امام خمینی (رحمة الله علیه) کلیه حقوق مادی و معنوی این کتاب متعلق به سازمان پژوهش و برنامهریزی آموزشی وزارت آموزش و پرورش است و هرگونه استفاده از کتاب و اجزای آن بهصورت چاپی و الکترونیکی و ارائه در پایگاههای مجازی، نمایش، اقتباس، تلخیص، تبدیل، ترجمه، عکسبرداری، نقاشی، تهیه فیلم و تکثیر به هر شکل و نوع، بدون کسب مجوز، ممنوع است و متخلفان تحت پیگردقانونی قرار می گیرند.



And of Allah's Signs of Power is the creation of the heavens and the earth and also the variation of the languages and the color of you people; verily, in all these are Signs for men of knowledge.

برگرفته از ترجمهٔ مرحومه دکتر طاهره صفّارزاده







### **Get Ready**

**A.** Find 6 languages below:

Asia, European, Arabic, China, Persian, American, Italy, Spanish, Japanese, German, Egypt, Continent, Russian, Belgium, Australia



PERU

MEXICO

### \_\_\_\_\_

**B.** Mark the regions where people mainly speak these languages.

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BOLIVIA





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# Hints for learning a language better

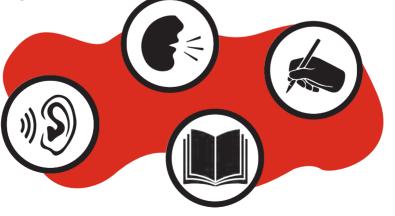
Learning a new language doesn't always mean sitting in the classroom and studying language books. In fact, language teachers suggest you to do plenty of extra learning outside of school, places like your home or a library near you. There are a number of ways to improve your understanding of the language. For example, if you want to improve your English or any other foreign languages, you should consider some of these hints. If you add a few of these ideas to your day-today language learning, you'll certainly see some improvement.





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- Get a good dictionary. A dictionary is your best friend while you're learning English.
- Read a lot. Reading is a great way of practicing your English in your own time. Books and newspapers are useful to improve your English.
- Label things in your house. Buy a pack of labels and then write the name of items on them, such as phone, window, etc. This is great for beginners.
- Practice English whenever you can. It's important that you don't leave your English learning inside the classroom. Make sure you never escape learning.
- Write every day. Try and write something every day using new words and grammar that you've learned.
- Watch television and movies and listen to good radio programs.
- Practice every day. Make yourself a study plan. Decide how much time a week you are going to study.
- Don't be afraid to make mistakes. Be confident when speaking or writing in English.
- Practice all four language skills: Reading, writing, speaking and listening.



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• • • LESSON

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#### A. True or False

1- Classroom is the only place to learn a foreign language.	Т 🔿	F 🔿
2- You can improve your English if you use different types of media.	T ()	F 🔿
3- Writing the name of things on them is a useful way to learn new words.	T ()	F 🔿

### **B.** Scan and answer the questions.

- 1- How many learning hints are suggested in this text? Nine hints
- 2- Name two house parts mentioned in the text. things in your house: phone, window
- 3- How many times did the word 'language' appear in the text? 7 times

**C**. Scan and answer the following questions.

1. What is your best friend in learning a foreign language?

### A dictionary

2. Which places are better to learn English?

classroom, home, library

3. Find four language skills in the text. readinf, writing, speaking, listening



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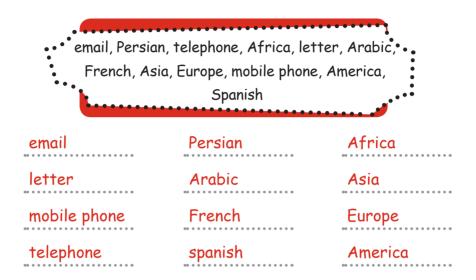
### A. One odd out.

- 1. region, part, area, planet
- 2. China, Belgium, England, Europe
- 3. belief, brain, wish, feeling
- 4. moon, century, year, month
- 5. hundred, million, many, ten

KIDEL HIPLOWZKIK NWHRIBRIDERTWIKK B. Match columns A and B.		
A	B	
exchange knowledge	speakers	
native speakers	the language	
vary greatly	the needs	:
understand the language	knowledge	
farming region	region	LESSON
meet the needs	greatly	• • • L E
		13



**C**. Put the words in three groups considering their meanings.







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### NOTE: The language of India is Hindi and Indian is a native of India

**D**. These words are 'hello' in six different languages. Match the words with the maps and name their languages.

Hindi German / Spanish / French /Italian / Indian / Japanese Bonjur French Hola / oula: / Spanish /huh-loh/ /guːtnˈtaːk/ Hallo, guten tug ..... Ciao /t[aʊ/; Italian German Namaste Hindi Konnichiwa Japanese /koh-NEE-chee-wah/ £) q • LESSON



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E. Fill in the blanks with the given words. Make the necessary changes.

🖁 popular, exist, point, percent, region, range 1. In this shop, prices **range** ... from 10 to 50 dollars. 2. This artist is quite **popular** ... among young people. 3. In winter, birds fly to Southern regions • of the country. 4. More than 80 percent of people have access to the Internet. 5. There is no sign that life **exists** on other planets.

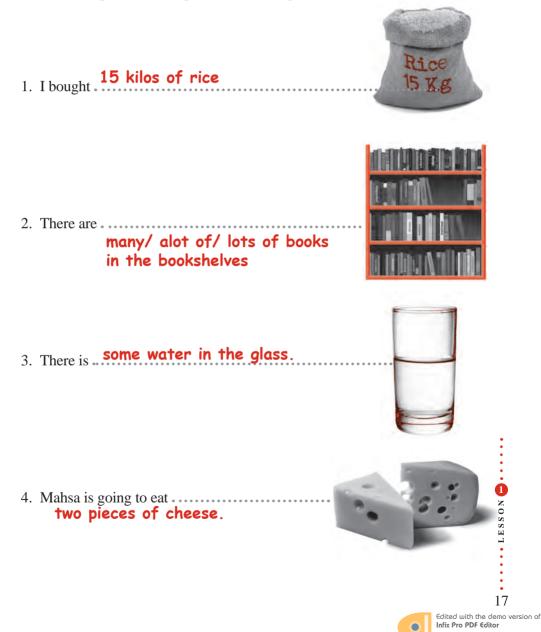
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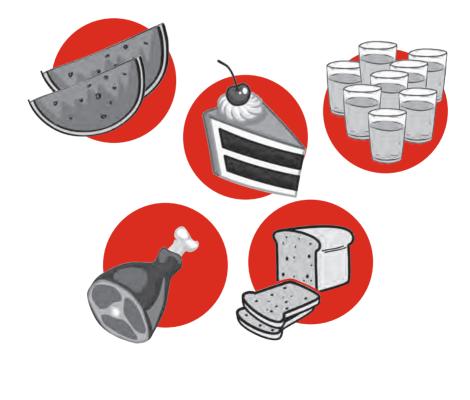


A. Look at the pictures. Complete the following sentences.



### Different answers are possible.

<b>B</b> . Complete the following sentences with appropriate units and measure words.
1. I should drink <b>8 glassess of water</b> every day. (water)
2. I eat two pieces of cake every week. (cake)
3. My father buys <b>2 kilos of meat</b> every month. (meat)
4. I eat <b>a loaf of bread</b> for breakfast. (bread)
5. She ate three slices of melon yesterday. (melon)



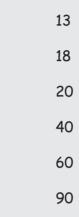
.... T E S S O N **1** 

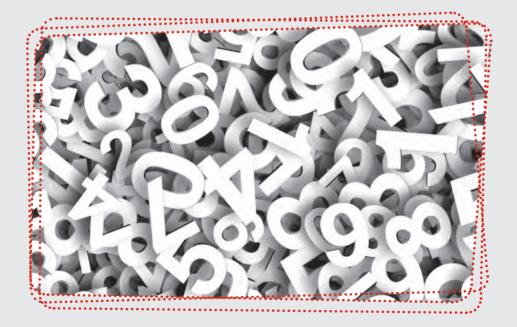


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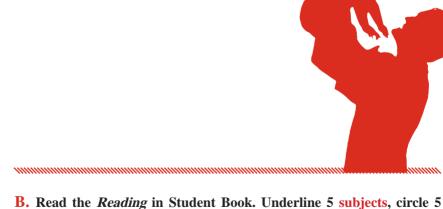
A. Read the numbers with appropriate stress.







- **A.** Read the following sentences. Put (S) for subjects, (O) for objects, (V) for verbs and (Adv) for adverbs.
- The man is eating lunch quickly.
   We study English hard.
   S V O Adv
   The old woman fell down.
   The baby laughed very loudly.
   V Adv
   I cooked the cake in the kitchen last Sunday.
   S V O AI(place) AI(time)



verbs and double underline 5 objects.

••••• **LESSON** 

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### Different answers are possible.

**C.** Fill in the blanks with appropriate nouns and verbs.

1. My teacher speaks English very well.		
2. Shahin bought some <b>vegetables</b> yesterday.		
3. Roya wrote a letter to his brother.		
4. Many <b>people</b> live in this region		

### **D.** Unscramble the following sentences.

1. bread / much / your mother / does / how / need?

How much bread does your brother need?

2. like / I / to drink / of / water / glass / a.

I like to drink a glass of water.

3. cars / are / lots / there / in / street / the / of ?

Are there lots of cars in the street?

4. has / she / two / thirty / classmates / her class / in.

She has thirty two classmates in her class.

5. my friends / saw / of / lot / a / chickens/ the / in / yard.

My friend saw a lot of chickens in the yard.



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• • LESSON

### Different answers are possible.

- E. Look at the pictures and write appropriate sentences for each one.
  - 1. My little sister prays every morning.



# 2. I am teaching English now.

••••• TESSON

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### 3. We went to the cinema

..... yesterday.



4. • I will travel/ am going to trave Friday. to Tehran by plane





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••• LESSON

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### Match sentences with pictures.

- 1. Eat balanced proportion of food.
- 2. Drink enough water a day.
- 3. Quit bad habits.
- 4. Eat dinner before 7:30.
- 5. Sleep enough.

Different answers are possible

**A**. Write the name of five healthy food.

1.fruit (apple, orange,			dairy (milk,	cheese)
2.vegetables( tomato,	carrot, onion	)		
3. grains(wheet, rice)	••••••			
4. protein food (chicke	en, meat, fis	:h)		
Di	ferent a	iswers ar	e possible	2.
•	me of five sports	•	•	
2 z				
<sup>v</sup> oss <b>cycling</b>		swimming	tenni	is
≌ → •	volleyball		football	
26				



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### The Effect of Modern Lifestyle on People's lives

The modern lifestyle has had both positive and negative effects on people's lives. Modern technologies have enabled us to have easy access to information, become more creative, experience fast communication, travel easier, and have a more comfortable life. Have you ever imagined a world without the Internet, tablets, mobile phones, airplanes, and vacuum cleaners? Most people cannot do that, as technology is the miracle of our time.

But using new technologies has changed people's lifestyle in a harmful way in this century as well. Some technologies are dangerous to our health and can harm our body. Using mobile phones or surfing the Internet for long hours can increase people's blood pressure and cause sleep problems. Playing video games for long hours makes people nervous and harm their heart and nervous system. Listening to music by headsets can be harmful to one's hearing and even brain.



Using technology in a wrong way has created bad habits and new types of addictions. It is not strange now to call someone an Internet or mobile addict. Technology addicts are people with serious problems to control themselves to use various kinds of technology, in particular the Internet, smartphones, tablets and laptops. Technology addicts do not like to socialize with people; instead, they prefer to be alone and spend lots of their time working with their devices. This makes them depressed and impatient.

Specialists have found different ways to cure technology addicts. To avoid this type of addiction, people should spend more time with their friends and family members, do daily exercise, and limit the time of working with technologies. They also need to enjoy nature more and have regular plans to travel.



••• LESSON **[** 

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### A. True or False

1. Technology has only negative effects.	Т ()	<mark>F</mark> ⊖
2. Listening to music is harmful.	Т ()	<mark>F</mark> ()
3. Technology may cause depression.	T ()	F 🔿

### **B**. Answer the following questions.

1. Who is a technology addict?

Technology addicts are people with serious problems to control themselves to use various kinds of technology

2. Are there any cure for technology addicts?

1.spending more time with friends and family , 2.doing daily exercise, 3. limiting the time of working with technologies. 4.enjoying nature more 5. having regular plans to travel

3. What types of technologies do you use?

oifferent answers are possible.

C. Write the main ideas of paragraphs 2 and 3.

paragraph 2: The hurmful effects of using new technologies paragraph 3: Addiction to technology

**D**. Skim the text and write a topic for it.

The Effect of Modern Lifestyle on People's lives



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• LESSON



### A. Match the definitions with the words.

- 1. relating to the emotions
- 2. without worry
- 3. with all parts existing in the correct amounts
- 4. happening or starting a short time ago
- 5. relating to the body



### **B**. One odd out.

- 1. a. create
- 2. a. harmful
- 3. a. percent
- 4. a. depression
- 5. a. always

c. <mark>prevent</mark>

b.increase

b. valuable

b. number

b. health

b. usually

- c. friendly
- c. measure
- c. <mark>diet</mark>
  - c. often
- d. improve
- d. worthy
- d. <mark>society</mark>
- d. wellness
- d.<mark>rarely</mark>



**C**. Match the columns to make new words.

<b>A</b>	B
redo	possible
unhappy	direct
impossible	night
indirect	happy
dis able	do
midnight	able





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#### **D**. Put the phrases under the correct columns.

checking general health smoking praying playing too much video games eating junk food hanging out with friends doing daily exercise gaining weight



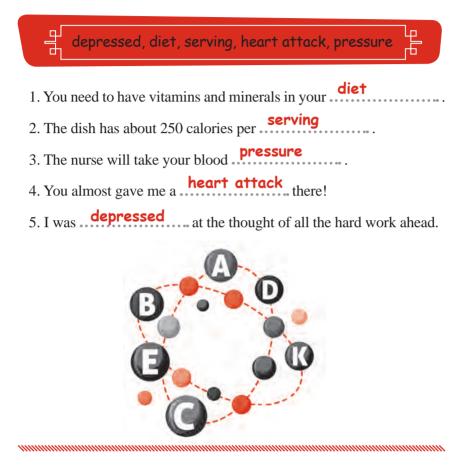
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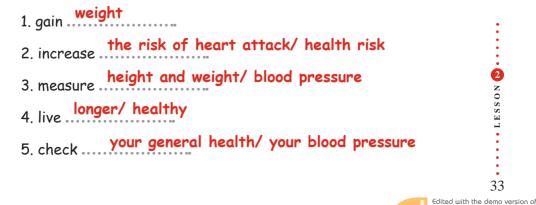




**E**. Fill in the blanks with the given words.



F. Complete the following verbs with a noun, adjective, or adverb.





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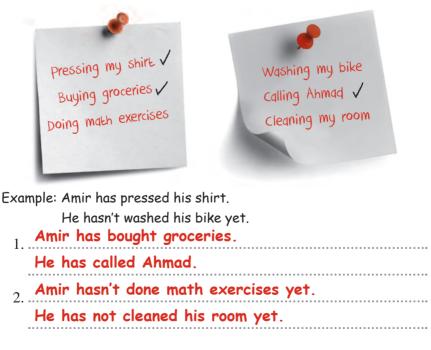


### A. Fill in the blanks with the correct form of the verbs.

Sheida hasn't finished (finish) reading the book yet.
 Have you ever read (read) that storybook?
 The workers have worked (work) in this factory for 25 years.
 Reza hasn't found (find) a job yet.
 I have gone (go) to school since ten years ago.

.

**B.** Look at Amir's list of the things he has to do today. Write what he has done and what he hasn't yet.





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### Different answers are possible.

**C**. Answer the following questions.

No, I have not travelled to Yazd yet. 1. Have you ever traveled to Yazd? 2. Have you ever read Shahnameh? Yes, I have read it.

3. Has your mother ever cooked any Indian food?...
No, she has not cooked any indian food yet./ Yes, she has cooked <u>some</u> indian food.
4. Has your father ever been to Bushehr?...

Yes, he has been to Bushehr for two days.





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•• LESSON **?** 

- **D.** Look at the pictures and fill in the blanks with appropriate two-word verbs using 'present perfect tense'.
- 1. They ...... yet. have not given up smoking





3. He has listened to the radio.





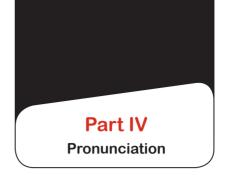


4. My brother has not got up yet.





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#### A. Say the phrases with stress over both parts.

- 1. Look out!
- 2. Come back!
- 3. Sit down!
- 4. Go away!
- 5. Take care!





- **A**. Circle the gerunds.
  - Reza is tired of hearing that old story.
  - Mahsa was watching TV.
  - Don't worry about washing the dishes.
  - Thank you for coming soon.
  - He's going to the park now.





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#### **B**. Complete the following sentences.

- 1. Jane enjoys (plan) planning for the future.
- 2. He is good at (change) ... chonging ..... flat tires.
- 3. She goes (swim) swimming every other week.
- 4. Thank you for (come) coming soon.
- 5. Our teacher can speak two hours without (use) ...... notes.

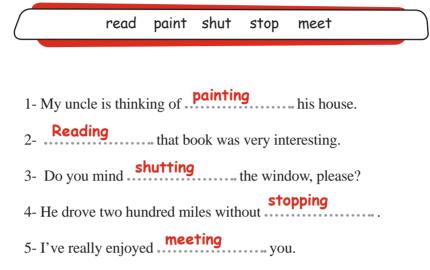




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••• LESSON **[** 

**C**. Complete the following sentences with gerunds. Make the necessary changes.





••••• LESSON **[**•••••

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**D**. Read the 'text' and find all gerunds.

paragraph 2/line 1: using
paragraph 2/line3: using- surfing
paragraph 2/line5: playing-
paragraph 2/line6: listening
paragraph 3/line1: using-
paragraph 3/line7: working
paragraph 4/line4: working

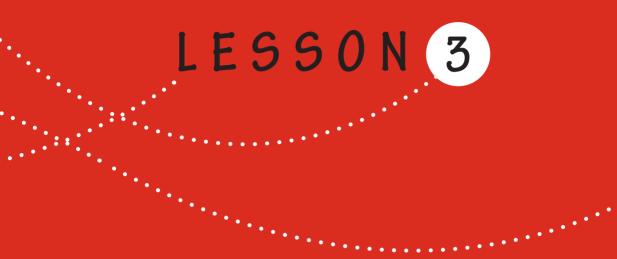


2

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A. People greet each other differently around the world. In the following, you can see some ways of greeting. Now, match the pictures with their greeting actions.





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2. bowing

3. hugging

4. pressing one's palms together

### handshaking:Germany, The United kingdom, The United states, Iran bowing: Japan, China hugging: Iran, Argentina pressing one's palms together: India. Thailand

**B**. Where can you see these greeting actions?



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# Cultures and Lifestyles

Culture is a system of shared beliefs that are common in a society. Often, we think of the food, music, clothing, and holidays that are common in a society as <u>its</u> culture, but these are only some of the elements. Other elements include customs, values, behaviors, and artifacts. Culture is, therefore, a combination of thoughts, feelings, attitudes, and beliefs.

With more than 190 countries and 7 billion people on earth, it is not hard to imagine that many cultures exist. No matter where you go around the world, you will face people, lifestyles and cultures that are different to what you have. People around the world have very different lives and ways of living. <u>They</u> have different beliefs and customs. So they usually live and behave according to what they believe to be right and wrong.





Learning to respect other cultures is important for having new experiences and learning about the world. One of the first steps to learn about other cultures is to simply accept that there are many different cultures exist other than our own culture. One of the most important ways to learn to become respectful of other cultures is to spend some time reflecting on our own. Then it is important to understand something about other cultures.

For those who want to learn about other cultures, but do not know where to start, a great place to start is reading about the cultures that interest them. In today's world if we all are able to know about other cultures, and respect <u>them</u>, life would be easier for most of us.

#### A. True or False

- 1. Culture is only a combination of food, clothing and holidays.
- Different people of the world may have different cultures and lifestyles.
- 3. Respecting other cultures often makes our lives easier.

**B**. Scan the 'text' to find the following information.

1. How many countries are there in the world? More than 190 countries

2. What are the elements of culture?

food, music, clothing, holiday, customs, values, behaviors, artifacts

3. How can we start learning about other cultures?

By reading about the cultures.

**C**. Find what these words refer to.

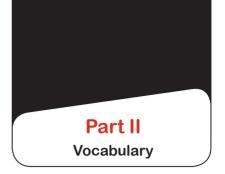
- 1. its (paragraph 1): **society**
- 2. they (paragraph 2): **people around the world**
- 3. them (paragraph 4): **other cultures**



 $T \cap F \cap$ 

T / F /

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#### **A**. Read the 'text' and find antonyms for the following words.

- 1. similar
- 2. false
- 3. finish
- 4. unimportant

different (paragraph 2- lines 4&5/ paragraph 3 line3) right (paragraph 2- line6) start (paragraph 4- line2) important (paragraph 1- lines 1,4,6)



#### **B**. One odd out.

- 1. a. nation
- 2. a. produce
- 3. a. vast
- 4. a. right
- b. society
- b. create
- b. <mark>beauty</mark>
- b. true
- c. country
- c. <mark>collect</mark>
- e. <mark>eenee</mark>
- c. great
- c. <mark>wrong</mark>
- d. economy
- d. make
- d. large
- d. correct

••••• **TESSON** 



#### **C**. Match the columns and write the correct forms of the words.

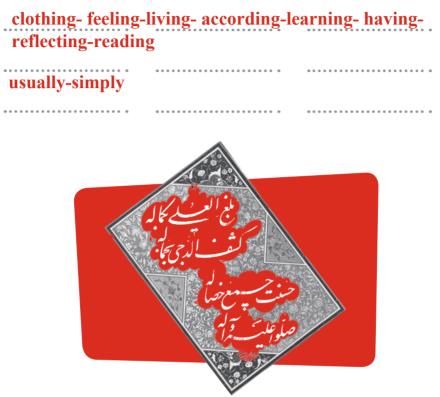
	B	
culture	-al	.cultural
simple	-ity	simple
skill	-ly	skillful
diverse	-ful	diverdity
Iran	-ist	Iranian
tour	-ian	tourist





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D. Scan the 'text' for the suffixes of -ing and -ly.



.

**E**. Complete the following verbs with a suitable noun.



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•• LESSON 😒 ••••



#### A. Complete the following sentences.

- 1. If my brother (go) <u>goes</u> out with his friends tonight, I (watch) will watch the football match on TV.
- 2. I (earn) will.earn... a lot of money if I (get) .get ..... a good job.
- 3. If Kate (hurry / not) doesn't hurryshe (miss) will miss the bus.



2

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## Different answers are possible.

**B**. Complete the following conditional sentences.

- 1. If I learn English well, **I can find a good job**
- 2. If I see my first English teacher, I will say her how much i love her.
- 3. I won't pass my exam if **I don't study well**.
- 4. I will go to Mashhad if **I have enough money**.





Read the following sentences with the appropriate intonation.

- 1. If you study hard, you can pass your exam.
- 2. If it rains, we will stay at home.
- 3. You won't get the train if you don't hurry up.





**A**. Complete the sentences with the appropriate forms of the following verbs.



- Mark **began** to learn Spanish when he was 40.
- I am ...planning.... to go to Ardebil.
- The bank **has agreed**/ **agreed** him fifty million Rials.
- Maryam is seventeen and she hopes to be a translator.



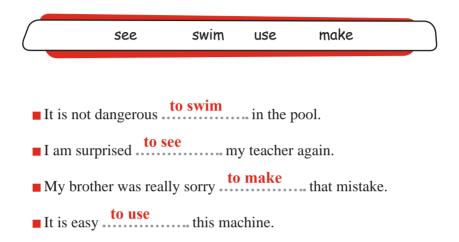


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••• LESSON 5

#### **B**. Complete the sentences with infinitive forms of the following verbs.







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**C.** Different people want Amir to do different things. Complete the sentences.



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•• LESSON .

#### D. What do your parents want you to do/be in life ?

1
2
3
4
5
6



**3** NO SS **3** NO SS **5** 8



E. Read the 'text' and find all infinitives.





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Notes

Notes

معلّمان محترم، صاحب نظران، دانش آموزان عزیز و اولیای آنان می توانند نظر اصلاحی خود را دربارهٔ مطالب این کتاب از طریق نامه به نشانی تهران، صندوق پستی ۱۵۸۷۵/۴۸۷۴، گروه درسی مربوطه یا پیام نگار (Email) talif@talif.sch.ir ارسال نمایند. دفتر تألیف کتابهای درسی عمومی و متوسطه نظری