

Art is not just something beautiful. There is so much power in art. Recent studies show that art is helpful for curing diseases. If sick people practice art, their health condition gets better. Art does not need any special ability and everyone can make artworks with simple things like pencils, chalk, and paint. If sick people communicate their feelings with simple artworks, their stress and pains will decrease.

Vision 3

Vision 3- lesson 1 - Listening

Conversation 1

A: How's everything, Amin? You seem to be busy these days, don't you?

B: I'm OK Behzad. I'm working on a new project. I'm really tired.

A: But your health is really important, isn't it?

B: I know. But what about work, money, responsibility? We need to consider them all, don't we?

A: Yes, but health is on top of everything.

Conversation 2

A: We are going to the gym on Friday. Will you come with us, Mina?

B: I don't think so.

A: You don't like sports, do you?

B: Actually, I don't know. I think it depends on the type of sport.

A: You Prefer team sports, don't you?

B: Well, it seems to be OK. But honestly, I prefer less active sports like chess.

A: Oh, I see.

Vision 3- lesson 1 – What you learned

Dr. Asadi is answering this important question: “why is it important to care for our elders?” I think first of all we need to remember that they are our mothers and fathers, and our first teachers. They teach us how to love, how to care, how to forgive, and how to accept. Second, elders have more knowledge and wisdom than any one of us. They’ve come so far and they’ve learned so much, we have a responsibility to learn from that wisdom. But the most important thing is their experience. We may or may not know of all the ups and downs they’ve faced in life. But they’ve definitely gained experience that is worth respecting and learning from. Our elders may hide much pain from us because they don’t want us to feel the pain. The least we can do is appreciate them for all they’ve gone through and learn from their insight into situations.

Vision 3- lesson 2 - Listening

Conversation 1

A: This weekend is my birthday. I have invited everyone but Mina.

B: Why not? If I were you I would certainly invite her. As far as I know you were close friends at school.

A: Yes. But she has moved to another neighborhood. If I had her address, I would invite her.

B: What a pity! If I knew that sooner, I could help you.

A: How?

B: I could check it with my sister. She is her mother’s friend.

A: Can you call her now?

B: Unfortunately, she is not available till next Wednesday. Sorry!

Conversation 2

A: Are you okay?

B: I’m thinking about something.

A: What’s wrong?

B: I have saved some money to buy a new mobile phone. But one of my friends is in trouble and needs some money. What would you do, if you were in my shoes?

A: What is his problem?

B: I could tell you about it, if it weren’t a secret. But it’s an

emergency.

B: Ok. If I were you, I would give him the money. A friend in need, is a friend indeed.

Vision 3- lesson 2 – What you learned

Sometimes it is fun to think about things that will never happen. We can ask ourselves questions that don't have any real answers. For instance, we can think: what would I do, if had a time machine to travel with right now? Some people may say: I would visit the past, if I had that machine. Or I would visit the future to see the world and people of the future. Maybe you have thought about this: What would I do, if I had this ability to talk to animals? What would I say? Some people would prefer to talk with cats or birds, but some would not like the idea. They would feel frightened.

Vision 3- lesson 3 - Listening

Conversation 1

A: Why didn't you go to the new restaurant last night?

B: We didn't want to. We had already tried the food there the weekend before.

A: Really? Did you like the food?

B: That was OK. We all ordered chicken with rice. I had never tasted their special sauce anywhere else.

A: Was it pomegranate sauce?

B: No. it wasn't. I had already tasted pomegranate sauce at home.

A: Was it expensive?

B: I think it was cheaper than the food we had tried in other restaurants.

Conversation 2

A: What did you do on Thursday?

B: Oh, on Thursday Yeganeh and Kiana came over for dinner. We really missed you.

A: Thanks, but you wanted to go to the Museum, didn't you?

B: Oh, Yes. Before we got home, we'd gone to the museum.

A: Was it the first time you went there?

B: No, I had already been there once.

A: Did your friends stay till midnight?

B: No. After we had had dinner, their mothers arrived and took them home.

Vision 3- lesson 3 – What you learned

Last night I left work late at around 9 pm. When I came out of the office, most people had already gone home. The street was very dark and quiet. I hadn't experienced such a thing before. While I was walking, a car pulled over. I looked at the driver. I was sure I had seen this man before. I wondered: Who can it be? He waved at me and came out of the car. He asked if he could drive me home. Suddenly I remembered.

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